

early years activities

Monday 2 September - Sunday 22 December

Excluding half term week Monday 28 October-Friday 1 November

Our Pre-School Activities will help your child;

- Develop agility, balance, strength, speed and co-ordination
- Increase self confidence
- Enjoy exercise from an early age
- Develop social skills and meet other children
- Develop and increase concentration
- Participate in group activities



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Spring'n'Jump (c) 15 mths-school age 9.30-10.15am ▲	Adult & Under 4½ yrs Swim Session (c) 9.30-10.30am ▲	Adult & Under 4½ yrs Swim Session (c) 9.30 - 10.30am ▲	Kidagility (c) 15 mths-school age 9.30-10.15am	Soccer Starters 3 yrs-school age 8.00-8.55am
Mini-Gym (c) 15 mths-school age 10.25-11.10am	Adult & Under 4½ yrs Swim Session (c) 9.30-10.30am ▲	Mini-Gym (c) 15 mths-school age 10.25-11.10am	Open Trampolining 3 yrs-school age 10.00-10.40am ▲	Kidagility (c) 15 mths-school age 10.25-11.10am	Trampolining Course** 3 yrs-school age 11.15-12.10pm ▲ course see page 7
First Splash Adult & Baby Swim Session (c)** 12 mths & under 10.30-11.00am ▲	Spring'n'Jump (c) 15 mths-school age 10.25-11.10am ▲	First Splash Adult & Baby Swim Session (c)** 12 mths & under 10.30-11.00am ▲	Mini Movers (c) 15 mths-school age 10.25-11.10am ▲	First Splash Adult & Baby Swim Session (c)** 12 mths & under 10.30-11.00am	Trampolining Course** 3 yrs-school age 12.15-1.10pm ▲ course see page 7
Mini-Gym (c) 15 mths & under 11.15-12 noon	First Splash Adult & Baby Swim Session (c)** 12 mths & under 10.30-11.00am ▲	Mini-Gym (c) 15 mths-school age 11.15-12 noon	Mini Movers (c) 15 mths-school age 11.15am-12 noon ▲	Kidagility (c) 15 mths-school age 11.15am-12 noon ▲	Trampolining Course** 3 yrs-school age 1.15-2.10pm ▲ course see page 7
First Splash Adult & Baby Swim Session** 12 mths & under 2.00-2.30pm ▲	Spring'n'Jump (c) 15 mths-school age 11.15am-12 noon ▲	Open Trampolining 3 yrs-school age 1.15-1.55pm ▲	Soccer Starters 3 yrs-school age 1.00-1.55pm	Pre-Club Gym Course** 3 yrs-school age 1.15-2.00pm ▲ course see page 7	<p>Weekly pay and play activities for Pre-School kids</p>
	Pre-Club Gym** 3 yrs-school age 1.15-2.00pm ▲		Pre-Club Gym** 3 yrs-school age 1.00-1.45pm ▲	Adult & Under 4½ yrs Swim Session 1.30-2.30pm	
	Pre-Club Gym Course** 3 yrs-school age 2.00-2.45pm ▲ course see page 7		Pre-Club Gym Course** 3 yrs-school age 1.45-2.30pm ▲ course see page 7	Pre-Club Gym** 3 yrs-school age 2.00-2.45pm ▲	
			Soccer Starters 3 yrs-school age 2.00-2.55pm ▲	First Splash Adult & Baby Swim Session** 12 mths & under 2.30-3.00pm ▲	
<p>Please note classes with this symbol ▲ are not available during school holidays. (c) denotes crèche available. ** Not included in the junior membership</p>					

Trampolining

See our timetable for pay-as-you-go trampolining or attend one of our courses suitable for children aged 3 years and over. Parent or guardian must stay within the activity area and spot the child. Children must wear socks and dress appropriately for exercise.

Saturday

7 Sep-14 Dec (13 weeks)
Ages 3/4 £65.00 5+ £89.70
(No lessons 28 Sept & 2 Nov)
11.15-12.10pm (55mins) Clive
12.15-1.10pm (55mins) Clive
1.15-2.10pm (55 mins) Clive

Trampolining and Pre-Club Gym Free Trial

Book a free trial session
e: fifi.farley@bhlive.org.uk
(subject to availability)

Soft play

Located in the Terrace Café

Admission
Under 5s only £3.00 per hour-payable at the Terrace Café

Opening Hours
Monday-Friday
9.30-6.00pm
(last entry 5.00pm)

Saturday & Sunday
9.00-3.00pm
(last entry 2.00pm)

Available for party bookings at weekends



Under 5s crèche

Monday-Friday 9.00am-12.30pm

Age range: Under 5s. (Separate nursery area for children under one). The crèche is registered by OFSTED and operates in accordance with the Children's Act 1989. Our qualified crèche staff will keep your children happily entertained with a wide range of activities including:

Painting • Dressing up • Singing • Book corner

Booking details: Please ensure that your child's crèche place is booked before 12 noon on the previous day to secure a place. (e.g. book before 12 noon on a Tuesday for a Wednesday place)



Prices per morning
Members £7.20
Non-Members £8.20

Pre-Club Gym Courses

Aged 3-4 years
From only £5.10 per week!

(Parent/guardian must stay within the Activity area).

Tuesday 3 September - 17 December
(15 weeks) £76.50

No lessons 29 October (Half Term)
2.00-2.45pm Sue and Pat

Thursday 5 September - 19 December
(15 weeks) £76.50

No Lessons 31 October (Half Term)
1.45-2.30pm Sue and Karen

Friday 6 September - 20 December
(15 weeks) £76.50

No lessons 1 November (Half Term)
1.15-2.00pm Pat and Leanne

All of our under 5s activities are inclusive, please see page 6 for more info.