

# Family Class Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>First Splash Adult &amp; Baby</b> 9.00-9.30am Teaching Pool Mountbatten Centre	<b>First Splash Adult &amp; Baby</b> 1.00-1.30pm Teaching Pool Mountbatten Centre	<b>First Splash Adult &amp; Baby</b> 9.00-9.30am Teaching Pool Mountbatten Centre	<b>Junior Gym 8-13yrs</b> 4.00-5.00pm Gym Floor Mountbatten Centre	<b>Tots Tennis 2-5yrs</b> 11.00-11.45am Tennis Centre PAYG only	<b>Tots Tennis 2-5yrs</b> 9.00-9.45am Tennis Centre PAYG only	<b>Gym Open Session 8-13yrs</b> 12.00-2.00pm Gym Floor Mountbatten Centre
<b>813 Junior Basketball 8-13yrs</b> 4.00-5.00pm Main Hall Mountbatten Centre	<b>Adult &amp; Under 5 Swim</b> 1.30-2.30pm Teaching Pool Mountbatten Centre	<b>Tumble Tennis 2-5yrs</b> 10.15-11.00am Tennis Centre PAYG only	<b>Athletics Academy 5-8yrs</b> 5.00-6.00pm Main Hall Mountbatten Centre	<b>Family Circuits 8-13yrs</b> 5.00-5.30pm Gym Floor Mountbatten Centre	<b>Cardio Tennis 9yrs+</b> 10.00-11.00am Tennis Centre PAYG only	
<b>Cheerleading 5-13yrs</b> 4.30-5.15pm Dance Studio Mountbatten Centre	<b>Junior Gym 8-13yrs+</b> 4.00-5.00pm Gym Floor Mountbatten Centre	<b>Junior Gym 8-13yrs</b> 4.00-5.00pm Gym Floor Mountbatten Centre		<b>Junior Gym 8-13yrs</b> 4.30-5.00pm Gym Floor Pyramids	<b>Junior Badminton 5-13yrs</b> 10.00-1.00pm Wimbledon Park PAYG only	
<b>Family Spin 8yrs+</b> 4.45-5.30pm Spin Studio Mountbatten Centre <i>height restrictions apply</i>	<b>Multi-Skills 5-13yrs</b> 4.00-5.00pm Function Room Mountbatten Centre	<b>Beginners Street Dance 5-13yrs</b> 4.00-5.00pm Dance Studio Mountbatten Centre			<b>Disney Inspired Family Swim Session 3-11yrs</b> 11.00-11.45am Teaching Pool Mountbatten Centre	Class guide ■ 0-4 years ■ 5-7 years ■ 8-13 years ■ Pool classes ■ Family
<b>Family Clip 'N Climb 4yrs+</b> 5.00-7.00pm Mountbatten Centre	<b>813 Boxing 8-13yrs</b> 5.00-6.00pm Function Room Mountbatten Centre	<b>Family Yoga 3yrs+</b> 4.45-5.30pm Glasshouse Pyramids Centre			<b>Gym Open Session 8-13yrs</b> 11.00-12.00pm Gym Floor Pyramids Centre	
	<b>FUNCTIONal Family Circuits 8-13yrs</b> 5.15-5.45pm Solent View studio Pyramids Centre	<b>Athletics Academy 5-8yrs</b> 5.00-6.00pm Main Hall Mountbatten Centre		<b>Pay as you go</b> All classes ( <i>except those listed below</i> ) £3.50 Teaching Pool sessions £4.80 Clip 'N Climb £6.50		
		<b>Street Dance Advance 8-13yrs</b> 5.00-6.00pm Dance Studio Mountbatten Centre		<b>Members</b> Classes included in Family & Junior Memberships. Clip 'N Climb sessions £3.90 Portsmouth Tennis Centre sessions £3.50		

