

# early years pre school activities

Monday 6 January - Sunday 5 April

Excluding Monday 17-Friday 21 February (Half term)

Our Pre-School Activities will help your child;

- Develop agility, balance, strength, speed and co-ordination
- Increase self confidence
- Enjoy exercise from an early age
- Develop social skills and meet other children
- Develop and increase concentration
- Participate in group activities

Disney family fun swim sessions  
Wednesdays 9.30-10.15 am  
Adults & under 4½ years

Take part in the Disney-inspired family fun swim session – perfect for the whole family to enjoy!

The 45 minute sessions delivered by a trained activator include activities featuring essential swimming skills and Disney's most-loved characters with Mickey Mouse & Friends.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Spring'n'Jump (c)</b> 15 mths-pre-school 9.30-10.15am ▲	<b>Disney Family Fun Swim Session (c)</b> 9.30-10.30am ▲	<b>Adult &amp; Under 4½ yrs Swim Session (c)</b> 9.30 - 10.30am ▲	<b>Kidagility (c)</b> 15 mths-pre-school 9.30-10.15am	<b>Soccer Starters</b> 3 yrs-pre-school 8.00-8.55am
<b>Mini-Gym (c)</b> 15 mths-pre-school 10.25-11.10am	<b>Adult &amp; Under 4½ yrs Swim Session (c)</b> 9.30-10.30am ▲	<b>Mini-Gym (c)</b> 15 mths-pre-school 10.25-11.10am	<b>Open Trampolining</b> 3 yrs-pre-school 10.00-10.40am ▲	<b>Kidagility (c)</b> 15 mths-pre-school 10.25-11.10am	<b>Trampolining Course**</b> 3 yrs-school age 11.15-12.10pm ▲ course see page 6
<b>First Splash Adult &amp; Baby Swim Session (c)**</b> 12 mths & under 10.30-11.00am ▲	<b>Spring'n'Jump (c)</b> 15 mths-pre-school 10.25-11.10am ▲	<b>First Splash Adult &amp; Baby Swim Session (c)**</b> 12 mths & under 10.30-11.00am ▲	<b>Mini Movers (c)</b> 15 mths-pre-school 10.25-11.10am ▲	<b>First Splash Adult &amp; Baby Swim Session (c)**</b> 12 mths & under 10.30-11.00am	<b>Trampolining Course**</b> 3 yrs-school age 12.15-1.10pm ▲ course see page 6
<b>Mini-Gym (c)</b> 15 mths-pre-school 11.15-12 noon	<b>First Splash Adult &amp; Baby Swim Session (c)**</b> 12 mths & under 10.30-11.00am ▲	<b>Mini-Gym (c)</b> 15 mths-pre-school 11.15-12 noon	<b>Mini Movers (c)</b> 15 mths-pre-school 11.15am-12 noon ▲	<b>Kidagility (c)</b> 15 mths-pre-school 11.15am-12 noon ▲	<b>Trampolining Course**</b> 3 yrs-school age 1.15-2.10pm ▲ course see page 6
<b>First Splash Adult &amp; Baby Swim Session**</b> 12 mths & under 2.00-2.30pm ▲	<b>Spring'n'Jump (c)</b> 15 mths-pre-school 11.15am-12 noon ▲	<b>Open Trampolining</b> 3 yrs-pre-school 1.15-1.55pm ▲	<b>Soccer Starters</b> 3 yrs-pre-school 1.00-1.55pm	<b>Pre-Club Gym Course**</b> 3 yrs-pre-school 1.15-2.00pm ▲ course see page 9	<b>Weekly pay and play activities for Pre-School kids</b>
	<b>Pre-Club Gym**</b> 3 yrs-pre-school 1.15-2.00pm ▲		<b>Pre-Club Gym**</b> 3 yrs-pre-school 1.00-1.45pm ▲	<b>Adult &amp; Under 4½ yrs Swim Session</b> 1.30-2.30pm	
			<b>Pre-Club Gym Course**</b> 3 yrs-pre-school 1.45-2.30pm ▲ course see page 9	<b>Pre-Club Gym**</b> 3 yrs-pre-school 2.00-2.45pm ▲	
			<b>Football Fun Circuit</b> 3 yrs-pre-school 1.55-2.40pm ▲	<b>First Splash Adult &amp; Baby Swim Session**</b> 12 mths & under 2.30-3.00pm ▲	
Please note classes with this symbol ▲ are not available during school holidays. (c) denotes crèche available. ** Not included in the junior membership					

## Trampolining

See our timetable for pay-as-you-go trampolining or attend one of our courses suitable for children aged 3 years and over. (See page 6 for further information). Parent or guardian must stay within the activity area and spot the child. Children must wear socks and dress appropriately for exercise.

**Saturday**  
11 Jan-4 Apr (11 weeks)  
Ages 3/4 £64.90 5+ £77.00  
(No lessons 22 Feb & 14 Mar)  
11.15-12.10pm (55mins) Clive  
12.15-1.10pm (55mins) Clive  
1.15-2.10pm (55 mins) Clive  
See page 6 for more info regarding pricing and how to book

## Trampolining and Pre-Club Gym Free Trial

Book a free trial session  
e: [louise.richardson@bhlive.org.uk](mailto:louise.richardson@bhlive.org.uk)  
(subject to availability)

## Soft play

Located in the Terrace Café

Admission  
Under 5s only £3.00 per hour-payable at the Terrace Café

Opening Hours  
Monday-Friday  
9.30-6.00pm  
(last entry 5.00pm)

Saturday & Sunday  
9.00-3.00pm  
(last entry 2.00pm)

Available for party bookings at weekends



## Under 5s crèche

Monday-Friday 9.00am-12.30pm

Age range: Under 5s. (Separate nursery area for children under one). The crèche is registered by OFSTED and operates in accordance with the Children's Act 1989. Our qualified crèche staff will keep your children happily entertained with a wide range of activities including:

Painting • Dressing up • Singing • Book corner

Booking details: Please ensure that your child's crèche place is booked before 12 noon on the previous day to secure a place. (e.g. book before 12 noon on a Tuesday for a Wednesday place)



Prices per morning  
Members £7.40  
Non-Members £8.50

## Pre-Club Gym Courses

Aged 3-4 years

From only £5.30 per week!

12 week courses £63.60

(Parent/guardian must stay within the Activity area).

Thursday 9 January - 2 April

No lessons Thursday 20 February (Half Term)  
2.00-2.45pm Sue and Karen

Friday 10 January - 3 April

No Lessons Friday 21 February (Half Term)  
1.15-2.00pm Pat and Leanne

All of our under 5s activities are inclusive, please see page 6 for more info.